



University of Sussex

Law, Politics & Sociology



The University of
Nottingham

Information sheet

DIY Heart Health? The use of over-the-counter statins

The research

Low dose statins have been available from pharmacies without prescription in the UK since 2005, and are currently marketed under the brand name *Heart Pro*. This study will explore who uses this product, why it is used and how it is incorporated into daily routines.

What participation will involve

We would like to carry out interviews with people from all backgrounds about their experiences of non-prescription statins. We will arrange to meet at a time that suits you, most likely at the university. We expect the interview to last 40-60 minutes. Ideally we would like to record interviews to get an accurate record of what is said. We will ask for your permission before we do this, and destroy these recordings at the end of the research.

Everything you say at the interview will be kept confidential. When we report on the study, we will make the data anonymous by changing the names of the people who take part and changing any other details that might identify them. We would also like to give the anonymised data to a national archive so it is available for future researchers.

People who take part in the study will be given £25, for their time and effort.

About the research and researchers

The research is being carried out by Catherine Will and Kate Weiner, sociologists at the universities of Sussex and Nottingham. They are interested in the ways that people try to keep themselves healthy, and the place that medicines might have in this. The project is funded by the Economic and Social Research Council, which distributes government money for original research.

How to get involved

If you are interested in taking part in this research, please contact one of us using the details provided below. We will be happy to answer any questions.

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